

**UNITE
FOR
GOOD**



**LETS
INSPIRE**

Aasha

Rotary Club Of Mumbai Sher-E-Punjab
Monthly Newsletter, September 2025

Website: <https://www.rcmsherepunjab.rotaryindia.org>
Facebook: Rotary Club of Mumbai Sher E Punjab

Email: rotary.sepunjab@gmail.com
Instagram : [rotaryclub_sherepunjab](https://www.instagram.com/rotaryclub_sherepunjab)



Aasha

From the Presidents Desk

Rtn. Minishaa I Oberoi

Dear Friends,

As we conclude the third month of our Rotary year, I am filled with deep gratitude for the remarkable journey we've shared. This month has truly reflected our collective dedication, compassion and the enduring spirit of Service Above Self.

September, dedicated to *Basic Education and Literacy*, was a month of meaningful impact and heartfelt service. We donated benches, notebooks, stationery and laptop tables to schools not only in Mumbai but also in Karjat, funded college fees for two deserving students and conducted medical health checkups for children at RC Maruti School. Our CPR Training Workshop for the students of Guru Nanak School, along with engaging speaker sessions for college youth, reaffirmed our commitment to learning, empowerment and community wellbeing.

We also released four weekly newsletters, keeping our members informed, inspired, and connected — a reflection of our vibrant communication culture and shared enthusiasm for Rotary. Festivities added a special charm to the month as we celebrated Onam with our district and partner clubs and Navratri with our RCC Jeevdani Sevaks and the specially-abled children of the MBA Foundation. These moments of inclusion, joy and fellowship reminded us of the heartbehind every act of service.

In times of need, our club once again demonstrated its readiness to act. When floods struck Punjab, we promptly reached out to our Rotary partners in Punjab, extending timely support and supplies — a shining example of the compassion and solidarity that define our club's core values.

This month's issue also brings exciting reads and reflections:

- Rtn. Jotinder writes on "Plastic-Free Tomorrow"
- Rtn. Gurpreet explores "Myths vs. Reality" of solar energy
- Our District Treasurer, Rtn CA Kishor Parekh journey in Rotary
- We introduce our brand partner, Sassy Trinket
- Jassie's Read & Recall Challenge — an initiative I encourage every member to join for learning, laughter, and fellowship.
- Brand partner GetSetUp's Story about their member Madan's Journey of Learning, Leadership and Service

Each project, each smile, and each shared effort reminds us that when hearts unite in service, the impact multiplies. As we step into the next month, let's carry forward this momentum — with passion in our hearts and purpose in our actions. Thank you all for your unwavering support, kindness, and enthusiasm. Together, we are creating ripples of meaningful change — one project, one act, one heart at a time.

With gratitude and excitement for the months ahead,
Shukrana



President Rtn. Minishaa I Oberoi



Rtn. Minishaa I Oberoi



Rtn. Jotinder Singh Ahluwalia



Rtn. Jasjit Bhatia



Rtn. Seema Bhoocher



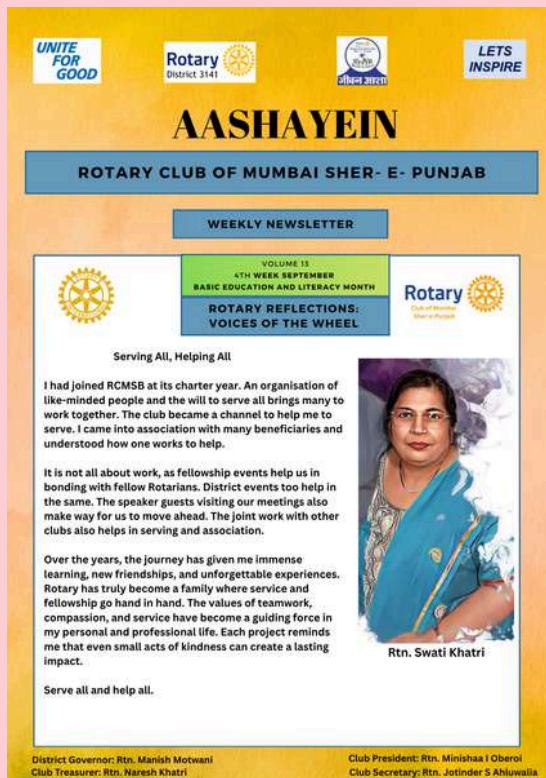
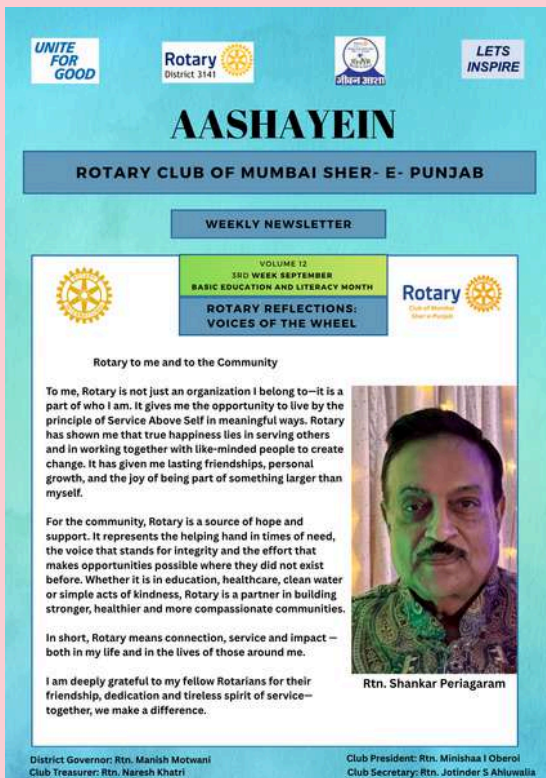
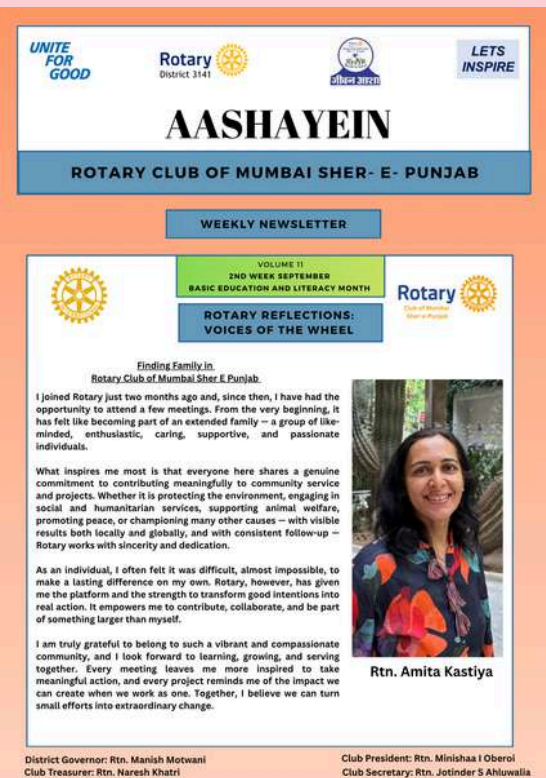
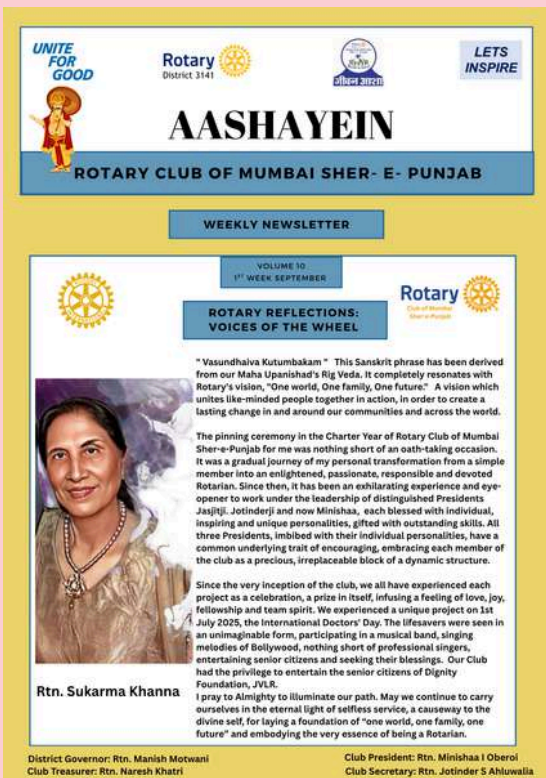
Rtn. Jasbeer Nagi



Rtn. Aarti Jadhav

Aasha

The Editorial Board



Member Spotlight



INDERJEET SINGH

My Hobby: Travel and playing uno cards or watching Netflix
Actor: Naseeruddin Shah
Actress: Madhuri Dixit
Book: 79 Park Avenue by Sidney Sheldon
Song: O mere dil ke chain...chain aye mere dil ko...
Food: Butter chicken or Mutton masala with Garlic Naan
Destination: USA
Project : Vastra Mela and National Integration
My Mantra: Work hard , Party harder



SIMI AHLUWALIA

My Hobby : Outing with friends, shopping, Stitching
Free Time: Watching TV, Chatting with friends & family, Making reels
Favourite
Actor : Vicky Kaushal
Book: Books on Sikh History
Song: Mitwaa kahe dhadkane mujhse kya
Food: Dal Chawal
Destination: Goa
Project : Senior citizen care, Specially abled children
My Mantra: Khud jio aur doosre ko bhi jeene do.
 Khush Raho



SUKARMA KHANNA

My Hobby : Music... Spirituality...loving family friends
Free time : Listen to spiritual... music.. newspaper...or learning any thing good.
Favourite
Movie : Ankur, Pink, Arth, Three idiots
Book: laws of spirit world... ikigai..
Food: Salads with various dressings..Dips..tomato soup
Destination: Hill stations.. Nature filled..
Colour: Beige...light colours...
Project : Smart girls.. Digital Detox .. Transgender...
I am : Buy peace
My Mantra: Now or Never .. Forget and Forgive..



AMARJIT SINGH

My Hobby : Learning Harmonium / Music, Watching Field GamesGentle
Free time : Reading and practicing on Harmonium
Favourite
Food: Chicken and Sushi
Destination: Europe
Project : Education and Skill Developments
I am : Gentle & Soft Spoken



Wheels of Wisdom

Plastic-Free Tomorrow: Building an Atma Nirbhar Viksit Bharat”



By Rtn. Jotinder Singh Ahluwalia



Before we have a deep-dive into the issue, we need to understand what is the difference between so called “Good Plastic” vis-à-vis “Bad Plastic”. Well, in general, all forms of Plastic has to be discouraged, until the time, we are able to find a practical, implementable and a commercially viable solution, we need to prioritize to address the causes, that pose the highest risk.

The Problem

The use of “Single-Use Plastic” (SUP), has become one of the most pressing environmental challenges of our time. In India, where urbanization and consumption are rising rapidly, eliminating SUP is not just about waste reduction—it is about protecting ecosystems, improving public health, and ensuring a sustainable Atma Nirbhar Viksit Bharat.

SUP items like plastic straws, cutlery, cups, bags, sachets and thermocol plates are used for a few minutes but pollute the environment for decades. They clog drains, harm marine life, degrade soil and increase microplastic contamination that ultimately affects human health.

Root Causes & Key Steps

The widespread use of SUP is driven by low cost, convenience, lack of affordable alternatives and weak awareness. Eliminating it requires:

- * Affordable, biodegradable and reusable substitutes.
- * Public awareness campaigns to change habits.
- * Stronger implementation of Extended Producer Responsibility (EPR).
- * Community participation through clean-ups and zero-plastic drives.

Role of Government

The Central Government has already banned 19 categories of SUP products under the Plastic Waste Management Rules, while states and municipalities are tasked with enforcement. Coordinated policy, incentives for sustainable industries, and strict monitoring are vital for success.

Challenges Ahead

Key hurdles include lack of waste collection infrastructure, livelihood dependency of small vendors on SUP, resistance from industries and the higher cost of alternatives. Yet, with collective will, these challenges can be overcome.

Benefits of Implementation

A SUP-free India means cleaner cities, healthier ecosystems, reduced waste management costs, more jobs in eco-friendly industries, and an improved global reputation.

Rotary’s Role

Rotary Clubs can take the lead in this movement. From awareness programs in schools and colleges, to cloth bag distribution and community clean-ups, Rotary can act as a bridge between government, industry and citizens. Importantly, “Protecting the Environment” is one of the seven focus areas of Rotary International, making this initiative central to our mission of service.

Conclusion

The elimination of single-use plastics is more than an environmental goal—it is a national duty. Together, through awareness, innovation, and collaboration, we can make India cleaner, healthier and truly sustainable. Eliminating Single-Use Plastics is not just about protecting the environment—it is a step towards building an Atma Nirbhar Bharat. By reducing dependence on cheap, imported plastic products and encouraging the production of sustainable, indigenous alternatives like cloth bags, jute products, bamboo cutlery and biodegradable packaging, India can create new opportunities for local entrepreneurs, artisans, and small-scale industries.


This shift strengthens rural economies, promotes innovation in green technologies, and empowers communities to contribute to a cleaner and more self-reliant nation. Let's all work together to make our nation PLASTIC-FREE, in a time-bound manner and safeguard our future generations. The change begins with “US” and “ME, and the time is “NOW”. Let's make a small beginning by taking a PLEDGE to shun the use of SUP, and build a habit to carrying a cloth carry-bag instead.

MEDCYCLE : DONATION OF MEDICINES

RCMSEP ORGANISED MEDCYCLE, A COLLECTION OF UNUSED AND SEMI-USED MEDICINES AND MEDICAL EQUIPMENT, WHICH WERE THEN DONATED TO MANAV JYOT TRUST, MULUND, FOR FURTHER DISTRIBUTION IN VILLAGES. ADDITIONALLY, THE CLUB DONATED A BRAND-NEW OXYGEN CONCENTRATOR (COURTESY MS. SUNITA CHABBRIA) TO STRENGTHEN HEALTHCARE SUPPORT.




Rotary




ROTARY CLUB OF
MUMBAI SHER-E-
PUNJAB CONDUCTS

MEDCYCLE

DONATE YOUR



OLD / USED / UNUSED
MEDICINES AND
MEDICAL EQUIPMENT



COLLECTION BOX OUTSIDE F TOWER 2202,
OBEROI SPLENDOR (PLEASE DO NOT RING BELL)

RTN SUNITA BEDI

RTN MINISHAA
I OBEROI (PRESIDENT)

DONATION OF DOG & CAT SHELTERS

CONTINUING ITS INITIATIVE TO SUPPORT STRAY ANIMALS, RCMSEP DONATED TWO DOG SHELTERS AND TWO CAT SHELTERS TO THE RCC TEAM AT SUBASH NAGAR. THESE SHEDS PROVIDE A SAFE AND SECURE HAVEN FOR THE COMMUNITY'S STRAY ANIMALS.



On hearing about the devastating floods in Punjab, RCMSEP immediately activated its resources and reached out to DG Punjab Rtn. Rohit Oberoi and RC Jalandhar, who highlighted the urgent need for essentials such as sanitary pads, Odomos and tarpaulins for villagers .Without delay, RCMSEP dispatched these relief materials to the Jalandhar collection center to support the affected families.

Rotary

District 3070

Team HUM

HUM 4 Humanity

ROTARY RELIEF RESOURE CENTRE

ROTARY CHAIRTABLE HOSPITAL,

SHRI LAXMI NARAYAN MANDIR,

MODEL HOUSE, JALANDHAR-144003

TEL : 0181-2440108, 98140-37255



ONAM CELEBRATIONS

RCMSEP JOINED AS A SILVER CO-HOST IN THE COLORFUL ONAMADHURAM-2025 CELEBRATION, HOSTED BY DISTRICT 3141 WITH RC MUMBAI NEO AND RC MUMBAI HORIZONS. MEMBERS ENJOYED MESMERIZING DANCES LIKE KATHAKALI AND MOHINIYATTAM, A TRADITIONAL FEAST ON BANANA LEAVES AND A MEMORABLE INTERACTION WITH KING MAHABALI – THE BELOVED SYMBOL OF JOY, PROSPERITY AND TOGETHERNESS.



KHAO SUEY WORKSHOP & ROTARY LIFE LESSONS

Fireside events provide Rotarians with opportunities to connect beyond formal meetings and projects, helping to strengthen bonds and build lasting relationships. In this spirit, the RCMSEP organized a workshop where members learned the art of making authentic Khao Suey, conducted by dear friend Seema Goyal and Rtn. Kiran Srivastava shared insights with guests on how Rotary has helped us in our lives.



RCMSEP participated in the Nirmalaya Collection Drive 2025, collecting flowers after Ganesh Chaturthi celebrations from various housing societies that would have otherwise gone to waste. These flowers were repurposed for composting and agarbatti-making, thereby benefiting farmers and creating rural employment.



kumudini

Dance with devotion Celebrate with Fragrance

Celebrate Navratri, the eco-friendly way with Kumudini Agarbattis





Nirmalaya Collection Drive 2025

As part of Environment Avenue Initiative, we undertook flower collection activity during the Ganeshotsav. The objective was twofold: "recycle habit of waste segregation and also create the Rotary Connect with society". These activities were targeted, Community Parades, Housing Societies and Visayan sites. Of which, involvement of Rotarians was restricted to first two.

Though, the collected bags were not weighed, but considering the number of bags and transport vehicles used, it is estimated that the "total recovery of flowers was over 25 tons". Of the total collection, **about 3-4 tons** was collected from 5 Community Parades, 3 Housing Society Parades & over 30 large housing societies that Rotarians could engage with.

Participating Clubs (with lead members):

- RC Kandoli West (Dipal Gargam)
- RC Mulund Valley (Dhanraj Patil)
- RC Mulund Hill View (Kashmira Ganpatra)
- RC Mulund East (Anishika Chit)
- RC Chembur West (Asha Janshankar)
- RC Bombay (Bharat Narsay)
- RC SOBO (Swati Adhik)
- RC Poo (Dhruv Dore, Kagal Thadani)
- RC New (Kala Shilpa)
- RC Sher-e-Purabi (Mishra Chandra)
- RC Kalyan (Ushada Sahil)
- Community (Dipal Gargam, Anand Shetty, Neetu Anand)

Thank you Rotarians for volunteering in collection of discarded sacred flowers. With your efforts, you have "prevented over 2000 kg of flowers from going into garbage" & would be repurposed into compost/Agarbattis, a step towards circular economy. While agarbatti activity empowers women, the compost will be sent to the farmers free of cost.

* Rajesh Choudhary (SRM Environment)







9 INSIGHTS ON WILLS AND SUCCESSION BY ADVOCATE JINAL BUSA


RCMSEP held its monthly club meeting followed by a speaker session with Advocate Jinal Busa, who spoke on the topic *Wills and Succession*, explaining various types of wills, the importance of will writing and why consulting an advocate is beneficial. Members found the session highly informative and expressed their gratitude for the enriching experience.





**Rotary**

Rotary Club of Mumbai Sher-E-Punjab


Invites You to Attend a Special Speaker Session

 **Date:** Thursday, 11th September 2025


 **Time:** 7:00 PM – 8:30 PM

 **Venue:** Sher-E-Punjab Gymkhana, Poolside Hall, Mahakali Caves Road, Andheri-East, Mumbai – 93

**Understanding Will Writing:
Securing Your Legacy and Loved Ones**



Join us for an insightful session that will shed light on the importance of will writing.

 Please confirm your presence with Rtn. Minishaa I Oberoi –



BAND ACCESSORIES FOR GURU NANAK ENGLISH HIGH SCHOOL BAND

9 RCMSEP, with the Interact Club of Guru Nanak Bravehearts, sponsored essential band accessories for 22 students of Guru Nanak English High School. The students proudly showcased their new gear at an interschool competition, reflecting RCMSEP's commitment to supporting education and extracurricular growth.



BENCHES AND NOTEBOOKS SUPPORT FOR KARJAT SCHOOLS

Supporting tribal schools is vital to bridging the education gap, empowering children with knowledge and skills. With this vision and after a need assessment by RC Karjat, RCMSEP donated 17 benches, 30 laptables, 100 shoes, 180 biscuits and notebooks to five schools in Karjat, benefitting 869 students.

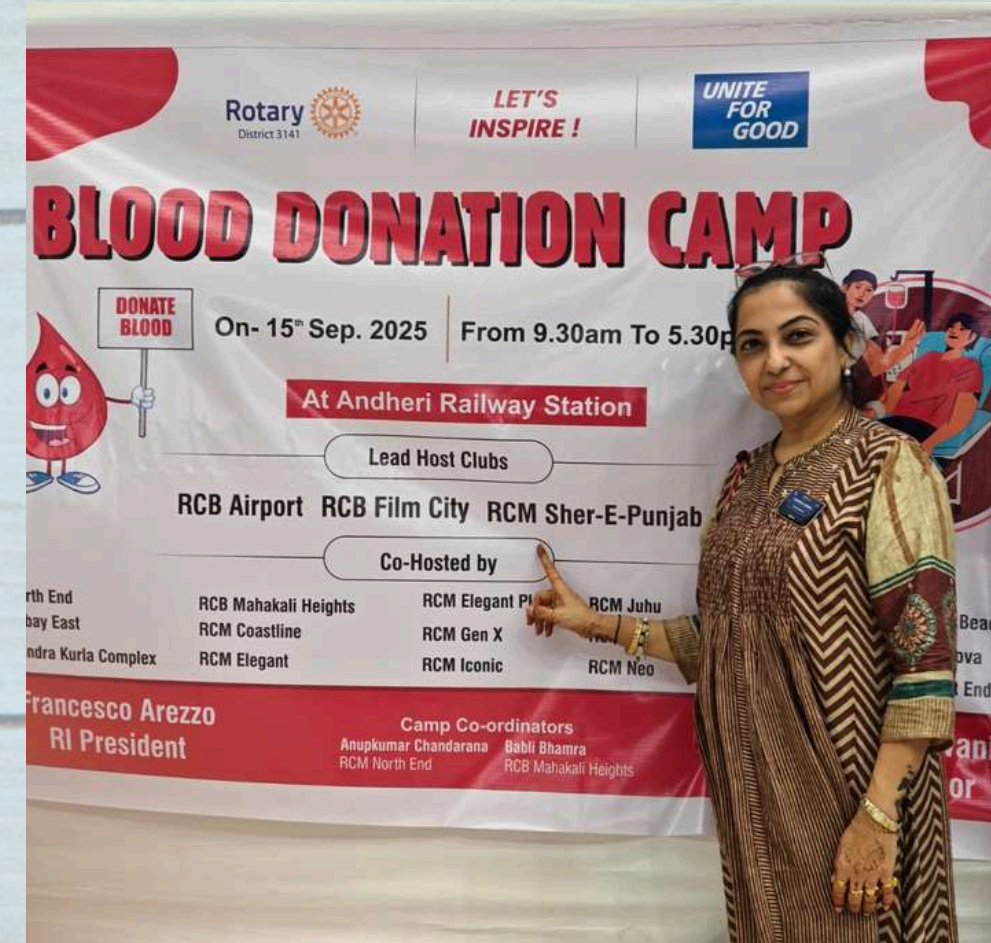
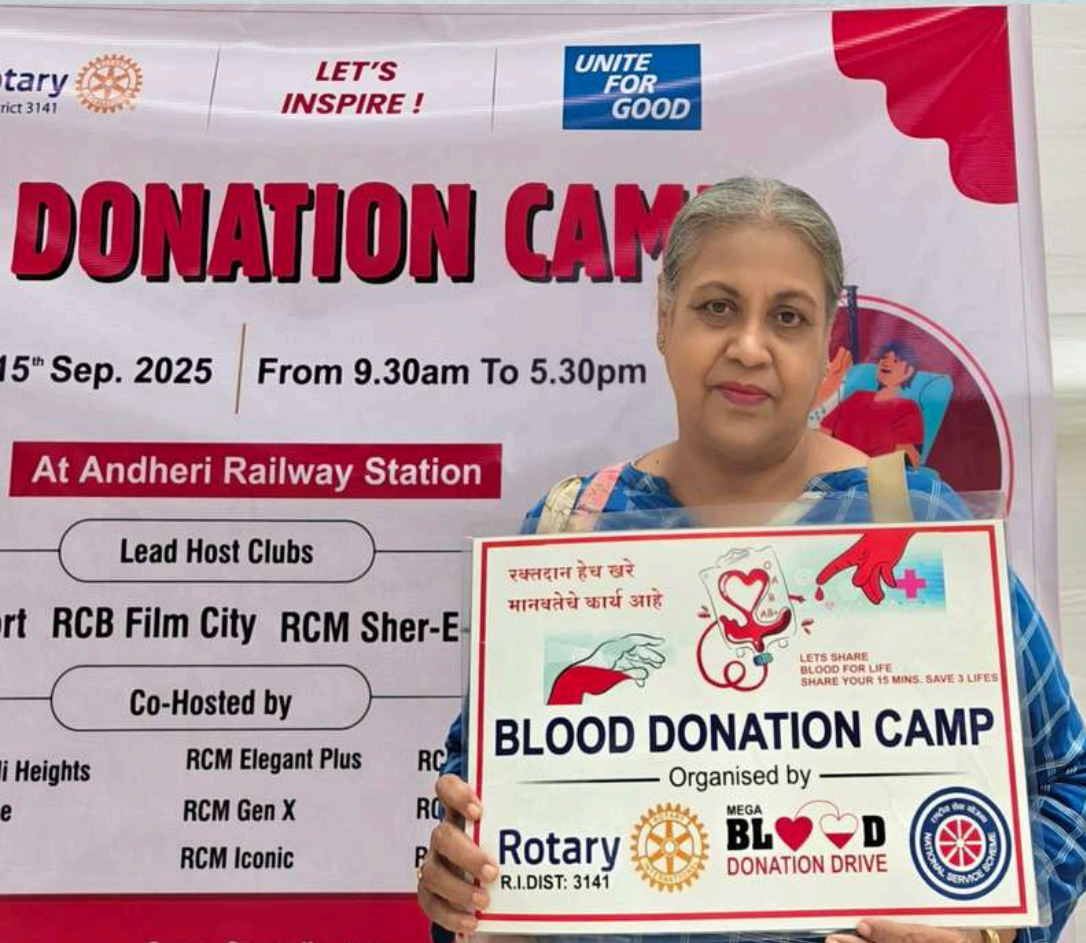


The ladies of RCMSEP gathered for a fun-filled evening! They took measurements for their club dresses and enjoyed a fireside meet, discussing Rotary life and bonding over a game of Housie, accompanied by delicious snacks, all hosted by Rtn Avneet.




 ROTARY CLUB OF MUMBAI
 SHER-E-PUNJAB
 INVITES ITS LADY MEMBERS
CLUB DRESS MEASUREMENTS
 COLORS: PINK & GREEN
 MONDAY, 15TH
 TIME: 4:00 PM
 RTN. AVNEET'S RESIDENCE
 (PLOT 155)
 JOIN US FOR AN AFTERNOON OF:
 + MEASUREMENTS FOR THE CLUB DRESS
 + FELLOWSHIP OVER TEA & SNACKS
 + FUN GAME OF HOUSIE
 WE WARMLY REQUEST ALL OUR
 LADY MEMBERS TO COME AND BE
 PART OF THIS DELIGHTFUL GATHERING!

Blood shortage is a constant challenge for hospitals, often becoming a matter of life and death for patients in need. To help address this, RCMSEP organized a Blood Donation Drive at Andheri Railway Station on 15th September 2025, leading the project with support from RCB Airport and RCB Film City and successfully collecting 53 bottles of blood.



RCMSEP, in collaboration with Chingari Shakti Foundation, donated 40 laptables, 100 notebooks and 300 pencils to the students of Chandrabhaga Vidya Mandir School, Malad East, supporting their educational needs and fostering a conducive learning environment.



RCMSEP and the Rotaract Club of JES College Parivartan, organised a CPR Training Workshop at JES College, conducted by the Critical Care Unified team and aptly led by Ms. Lilly Mathias, Ms. Bibymol and Dr. Falak. The session included a talk, hands-on CPR practice on dummies, student interaction and finally a quiz, benefitting 85+ students and equipping them with lifesaving skills.



RCMSEP donated 10 chairs and a 3-seater bench to MIDC, Andheri Police Station, while a water filter was generously presented by Rtn. Satinderpal and Rtn. Surjit in celebration of their granddaughter's 1st birthday. Sr. Inspector Mr. Ravindra Vani and his team expressed heartfelt gratitude, reflecting the positive community impact of this initiative.



On receiving a request for support, RCMSEP, under its project RISE: Edumentor, sponsored the college fees of Ms. Perna Prajapati, a student of Universal College of Engineering. This initiative reflects the club's commitment to empowering youth through education and mentorship.



FEDERAL BANK LIMITED (बिजी कार्ड शाखा Issuing Branch)

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UNIVERSAL COLLEGE OF ENGINEERING*****

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For The Federal Bank Limited

MUMBAI /REG CHQ PROC CENTRE (0504)

25537098\OL अधिकृत हस्ताक्षरकर्ता

अधिकृत हस्ताक्षरकर्ता

Authorised Signatory (S.P. No.)

Authorised Signatory (S.P. No.)

Please sign above

(अदाकर्ता शाखा Drawee Branch)

Perna Prajapati
BE [Data Engineering].semV
Universal college of Engineering
Mahakali, Andheri East
Mumbai - 400093.
Date -29th Aug 2025
To,
The Rotaract Club
Subject: Request for financial support towards college fees.
Respected Madam,
I, Perna Prajapati, am studying B.E. in Data Engineering at universal college of Engineering [Mumbai University]. My annual college fee for the year 2025-2026 is ₹ 11,226. Due to financial difficulties, I request your kind support to pay my fees.
Name - Perna Prajapati.
Roll No - 48
Seat No - 55015
course : B.E [Data Eng.] semester 5
Your generous help will allow me to continue my education without interruption.
Thank you very much for your valuable time and kind consideration.
Your faithfully,
Perna Prajapati.

NUTRITION KITS TO PLHIV AT HUMSAFAR TRUST

RCMSEP continues the social initiative of distributing 50 nutritional grain kits to individuals living with HIV (PLHIV) at Humsafar Trust in observance of Pitru Paksha (September 7-21) for the second consecutive year. RCMSEP pays tribute to ancestors through Tarpan and charitable donations which was made possible by the kindness of our generous donors.



SILVER COHOST FOR NAVRATRI CELEBRATION

RCMSEP cohosted the Rangilo Raas Navratri night with RC Mulund Hill View, a vibrant celebration of music, dance and community bonding. The event featured energetic performances, including Garba and Dandiya Raas, with colorful attire, rhythmic movements and lively music.



NAVRATRI CELBRATION WITH RCC JEEVDANI SEWAKS

RCMSEP, in collaboration with Chingari Shakti Foundation, celebrated Navratri with RCC Jeevdani Sewaks by donating 200 notebooks, 150 sanitary pads, and distributing suji halwa. The children loved and enjoyed the celebration wholeheartedly. This initiative truly reflected the festive spirit of giving and sharing joy.



GENERAL HEALTH CHECK-UP FOR GIRLS AT RC MARUTI SCHOOL

RCMSEP, in collaboration with the Interact Club of Maruti Veers, successfully organized a general health medical check-up for 61 girls from classes 9, 11, and 12 at RC Maruti High School. Dr. Samiksha Bipin Seth conducted the check-ups, providing valuable health assessments for the students.



RCMSEP celebrated friend Sonali Kevalramani's birthday with a Smile Box Annapurna initiative at MBA Foundation, Chandivali, bringing joy to specially-abled children. A delicious lunch of pav bhaji was followed by a fun-filled Tom and Jerry movie session, where the kids laughed, enjoyed and had a wonderful time. Heartfelt thanks to Sonali for spreading happiness and being a gracious host through this thoughtful celebration!



EMPOWERING STUDENTS : CAREER INSIGHTS SESSION BY MS . LOLY VADASSARY

RCMSEP organized an enlightening speaker session for TYBCom students of Usha Pravin Gandhi College of Commerce. Miss Loly Vadassery, Chief Human Resources Officer at Datamatics Business Solutions Limited, shared valuable insights on building a professional identity, developing emotional intelligence and bridging the gap between academics and workplace expectations.



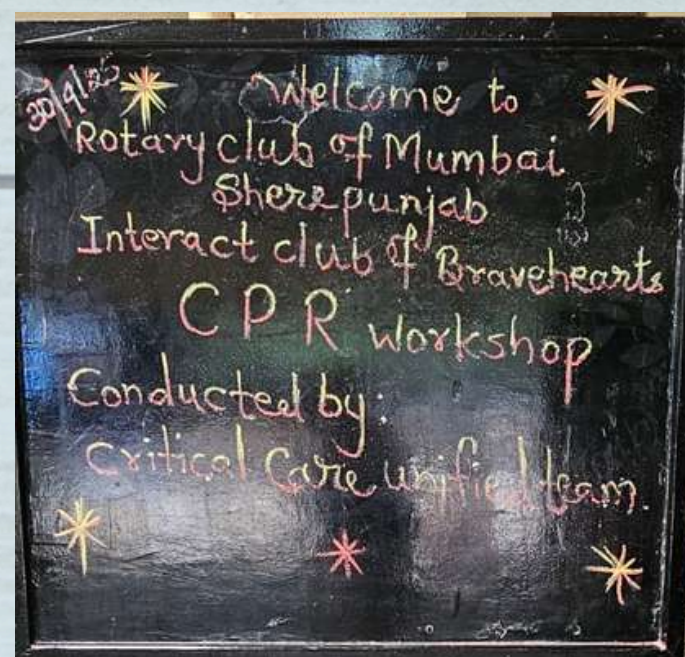
MONTHLY FIRESIDE MEET: AN EVENING OF FELLOWSHIP AND PLANNING

RCMSEP's monthly fireside meet, hosted by Rtn. Sukarma and Pradeep Ji, featured discussions on completed projects, upcoming initiatives, and planning for the next three months. With 8 guests in attendance, the evening concluded with games, a buffet dinner, and lively songs, offering a wonderful opportunity for members and guests to connect and strengthen camaraderie.



CPR TRAINING WORKSHOP FOR SCHOOL CHILDREN

RCMSEP, in collaboration with the Interact Club of Guru Nanak Bravehearts, organized a CPR Training Workshop conducted by our district partners, the Critical Care Unified Team, led by Ms. Lily, Ms. Manpreet, and Mr. Sachin. It was a wonderfully informative and engaging session, beautifully conducted by the trainers. Students received hands-on training using CPR dummies and learned essential life-saving techniques, including mouth-to-mouth resuscitation and chest compressions.





RTN. JASJIT BHATIA



**LET'S
INSPIRE**

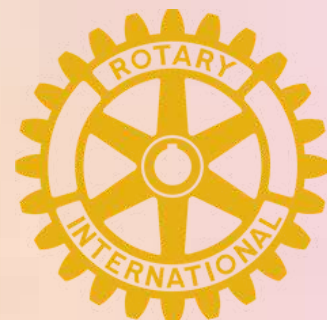
Jassi's Read & Recall Challenge

1. Inderjeet's favorite book is _____.
2. The Central Government has already banned _____ categories of SUP products under the Plastic Waste Management Rules.
3. Sukarmaji's favorite color is _____.
4. Simi Ahluwalia's favorite actor is _____.
5. _____ is one of the seven focus areas of Rotary International.
6. Amarjit Singh's favorite travel destination is _____.
7. RCMSEP donated used/unused medicines to _____ Trust.
8. Flood relief was sent out to Rotary Club of _____ in Punjab.
The relief items sent were _____, _____ and _____.
9. At the Onam celebrations, we witnessed _____ and _____ dance performances.
We also saw King _____.
10. A cooking session was conducted at _____ residence, with _____ as the main menu.
11. Band accessories were bought for _____ children of Guru Nanak English High School.
12. Flowers collected from Ganesh Chaturthi celebrations were repurposed for _____ and _____.
13. The full form of SUP stands for _____.
14. CPR Training at JES College was conducted by the _____ team
15. SUP items like _____, _____, cups, bags, sachets and _____ plates are used for a few minutes but pollute the environment for decades.
16. Adv. Jenel Busa spoke on the topic "_____".
17. Ladies of RCMSEP gathered at member _____'s residence to give their _____ and play a game of _____.

17. Ladies of RCMSEP gathered at member _____'s residence to give their _____ and play a game of _____.
18. The Blood Donation Drive in September successfully collected _____ bottles of blood.
19. RCMSEP was the lead host club along with _____ and _____.
20. We donated lab tables, notebooks, and pencils to the students of _____ School in Malad.
21. The monthly Fireside Meet, hosted by Rtn. Sukarma and Pradeep Ji, had _____ members in attendance.
22. Ten chairs, one bench, and one water filter were donated at the _____ Police Station.
23. In September, nutritional support was provided to PLHIV kids at the Humsafar Trust in observance of _____.
24. At the Navratri celebrations with RCC Jeevdani Sevaks, we distributed _____ as a sweet.
25. _____'s birthday was celebrated at the MBA Foundation with _____ lunch, a fun-filled _____ movie session.
26. Speaker session for TYBCom students of Usha Pravin Gandhi College of Commerce was conducted by Ms. _____ Chief Human Resources Officer.
27. Students of Guru Nanak English High School received hands-on training using dummies and learned essential life-saving techniques, including _____ resuscitation and _____ compressions.



LET'S
INSPIRE



Meet our District (3141) Leaders

District Treasurer 2025-26. : Rtn CA Kishor Parekh

A Journey of Vision, Dedication & Service



Rtn. CA Kishor Parekh is the Managing Director of Aphelion Finance Pvt. Ltd., a Non-Banking Finance Company he founded in 1999 that has since empowered over three lakh customers through its core lending operations. A Chartered Accountant by profession, he graduated in 1983 and completed his CA in 1987. He practiced successfully in the financial and taxation field until 1999 before venturing into entrepreneurship, bringing with him strong financial acumen and a people-centric approach.

His Rotary journey began in 1992 with the Rotary Club of Mumbai Mulund South. As Club President (2013-14), he led his club to new heights, earning three banners — 100% PHF Club, Rotary Foundation Sustaining Members, and EREY Club — along with three trophies for Best Rotary-Rotaract Relationship, Best ACE Club, and Best PR Club. These were historic firsts in the club's 22-year history.

Rtn. Kishor Parekh's dedication to Rotary extended to various District roles over the years:

Assistant Governor (2017-18)

District Secretary (2020-21)

District Chair (2022-23)

District Treasurer (2025-26)

His family shares his passion for service — his wife Rtn. Jagruti Parekh is a Rotarian and Past President of the Inner Wheel Club of Mulund. Their children have followed their parents' footsteps of excellence: the elder son, a graduate of NYU with an MBA from ISB, and the daughter, a graduate of Exeter University (UK) with a Master's from Warwick University, are both now part of the family business.

A perfect blend of professional success and service leadership, Rtn. CA Kishor Parekh continues to inspire many through his unwavering commitment to excellence, ethics, and community upliftment.



Sassy
Trinket

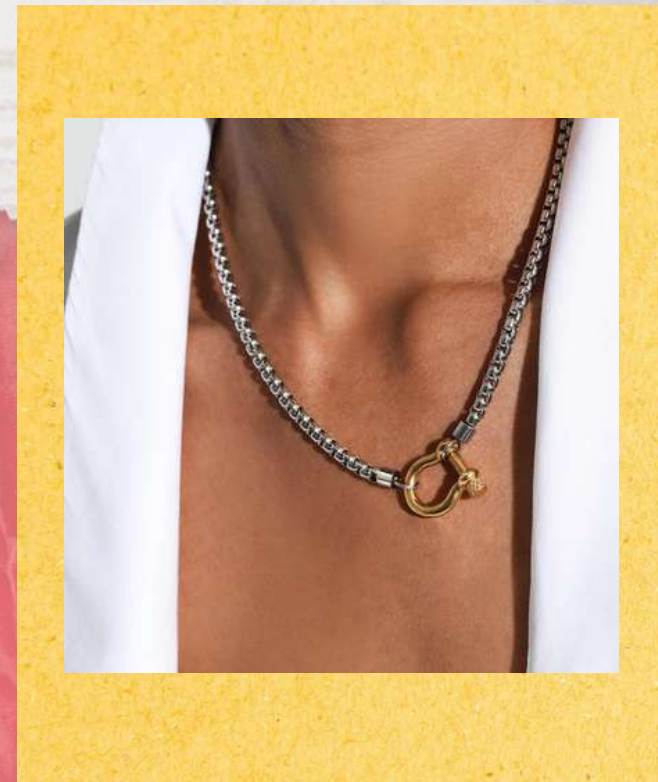
KNOW OUR BRAND PARTNER

Know Sassy Trinket

Sassy Trinket, by Kunjika Kapoor, is a jewelry brand that first came to life in 2020. Over the years, it has been lovingly revamped and relaunched—always with the vision of offering people timeless designs that keep up with evolving trends. Specializing in 18k gold-plated, anti-tarnish sterling silver jewelry, Sassy Trinket blends elegance with durability, making each piece a staple in your collection.

With the latest relaunch, we've introduced new designs, modern trends, bag charms, fresh packaging, and a reimagined logo—every detail crafted to reflect a renewed identity while staying true to our core promise of quality and style.

Sassy Trinket is not just jewelry—it's about embracing everyday luxury with pieces that last.



Know our Collaborators



Cupcakes & More



Calico Knots



She Nailed It



Green Mumbles

Silent gifts that grow

A peep through Guru's Window...

Rtn. Gurpreet Singh Uppal

Solar Myths vs Reality

Clearing the Air on Rooftop Solar in Mumbai



In my last article on Solar, we spoke about how your rooftop can actually print money. Many of you reached out with questions – and that’s a great sign! But I also heard some common doubts, which are stopping people from taking the solar leap.

So let’s bust these myths, one by one, in simple Mumbai terms.

✗ Myth 1: “Solar won’t work in Mumbai because of monsoons.”

✓ Reality: Solar panels work on daylight, not just direct sunlight. Even during overcast monsoon days, they produce enough power. For example, a housing society in Malad reported a 20–25% dip in June–July generation, but the other 10 months more than made up for it.

✗ Myth 2: “Solar is too expensive. Only big industries can afford it.”

✓ Reality: The cost of solar has dropped by over 80% in the last decade. With government subsidies and solar-on-lease models, even a small clinic in Borivali is running its lights and ACs on solar without spending a single rupee upfront.

✗ Myth 3: “My rooftop is too small.”

✓ Reality: You don’t need a cricket ground! Even 500 sq. ft. is enough for a 5 kW system – which can slash an average household’s electricity bill by ₹6,000–₹8,000 per month. Many Mumbai housing societies with limited terrace space are combining solar with common area savings – lifts, lights and pumps.

✗ Myth 4: “Maintenance is a headache.”

✓ Reality: Solar is almost maintenance-free. Just water-cleaning the panels once or twice a month is enough. One society in Andheri East has given the gardener an extra ₹500 allowance to clean panels during his daily rounds – simple, effective, done!

✗ Myth 5: “What if I shift homes? Waste of money!”

✓ Reality: Solar increases your property value. Buyers prefer homes with lower utility costs. In fact, a recent sale in Goregaon East showed the seller recovering his solar investment in the resale value of the flat itself.

🌍 Why This Matters for Us Rotarians

Every solar rooftop is not just about saving money – it’s about service to society and the environment.

Imagine if every Rotary member in Mumbai adopted rooftop solar – we could save crores in electricity bills and cut down emissions equal to planting a forest of 1 lakh trees.

🚀 Takeaway

Solar is no longer the future. It’s the present. And the more myths we bust, the faster Mumbai can shine as India’s Solar Smart City. So next time someone tells you “Solar doesn’t work in Mumbai,” you know the answer: It works. It saves. It serves.



RTN. JASJIT BHATIA



Jassi's Read & Recall Challenge

ANSWERS TO AUGUST ISSUE

- Q1. What is the famous dialogue from the movie Gadar mentioned in the article Donald Trump's Leadership? We don't oppose others becoming great, but India's greatness must not be diminished.
- Q2. Trump openly opposed Diversity, Equity, and Inclusion, dismissing them as "woke politics." Rotary, by contrast, embeds DEI in its mission.
- Q3. Donald J. Trump's presidency was marked by "Make America Great Again" (MAGA) and "America First agenda."
- Q4. Trump imposed 50% tariffs on Indian goods, citing India's oil imports from Russia, while the U.S. itself imported 27% of its uranium from Russia.
- Q5. What is Rotary's 7th Area of Focus? Supporting the Environment
- Q6. What does SDG stand for? Sustainable Development Goals (SDGs)
- Q7. Which member led the Clean-Up for Sustainability & Environment drive? Sunita Bedi
- Q8. Water purifier and long tables were donated to Rameshwar School, in Malad.
- Q9. Shruti's birthday was celebrated at Aanganwadi Kendra, Andheri on 5th August.
- Q10. A Financial Literacy Camp was held at Oberoi Splendor in collaboration with Suryoday Foundation.
- Q11. The magician who performed at Jyotirmay Foundation is Veer Paswan.
- Q12. Rtn. Vinod Thakkar's topic for the speaker session was Being a Rotarian.
- Q13. RCMSEP has celebrated Raksha Bandhan at Cheshire Home for three consecutive year.

- Q14. Generic medicines donated at Humsafar Trust, Kalina were sponsored by M/s Unimark Pharma India Ltd under their CSR initiative.
- Q15. Girls of Kamla Mehta School for the Blind received sanitary pads and hygiene kits.
- Q16. RCMSEP donated a water dispenser to Discovery English School in collaboration with Partner Chingari Shakti Foundation.
- Q17. Tamanna Pakira is the President of the Interact Club of Maruti Veers.
- Q18. RCMSEP celebrated Independence Day on 15th August with the children of Angel Xpress.
- Q19. The club's new RCC is called Jeevdani Sevaks
- Q20. RCMSEP donated notebooks, umbrellas and Oreo biscuit packets to Rtn. Mr. Ramdas from Rotary Club of Karjat.
- Q21. 21st August marks Foundation Day for RCMSEP.
- Q22. The TRF Seminar featured Past Rotary International President Shekhar Mehta as the Chief Guest, giving members an inspiring opportunity to hear from him.
- Q23. The instructor for the three Eco-Friendly Ganesh idol workshops conducted is Rtr. Shraddha Purohit..
- Q24. The CPR Training Workshop by Dr. Akshay Mehta covered hands-on CPR practice, AED demonstration, and guidance on distinguishing fainting from cardiac arrest.
- Q25. Rtn. Ravi Jaswani is the Chief Coordinator of the Central Zone. He was Past President of the RC Mumbai



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GetSetUp

ROTARY CLUB OF MUMBAI SHER-E-PUNJAB PARTNERS WITH GETSETUP

MADAN'S JOURNEY OF LEARNING, LEADERSHIP AND SERVICE

Born and raised in Mumbai, Madan—a Kotak Bank customer and proud member of the GetSetUp community—has lived a life defined by curiosity, perseverance, and continuous learning. His story weaves together personal resilience, professional excellence, and a deep commitment to giving back.

Originally aspiring to be a dentist, financial constraints redirected his path. Accepting a role as an Accounts Assistant in Indian Railways, he worked days while pursuing a Psychology degree at KC College and later a Law degree, even teaching tuitions to support himself. His diligence earned him top rank in a CAG examination, making him one of the youngest officers promoted within Indian Railways. He later joined Ircon International, followed by a tenure with Trafalgar House Construction India Ltd. as Senior Finance Manager (1995–2003), and subsequently served as CEO at Rossari Biotech (2003–2018).

A man of many passions, Madan has long been a cricket enthusiast and theater lover. He played cricket well into his 60s and has acted, directed, and designed sets for Marathi and Gujarati plays. “Theater should be promoted more—it connects people in a way cinema cannot,” he says. His artistic flair extends to music, proudly sharing, “I can sing in Bangla, Tamil, and Malayalam—my wife is Malayali.”

In 2018, Madan chose to retire at the peak of his career, seeking to spend more time with family and focus on social work and education. He now manages a non-aided school in a remote agricultural district, providing quality education to underprivileged children—a mission close to his heart. His introduction to GetSetUp came through Facebook, where he was drawn to its blend of learning, travel, and social connection. “It seemed like the perfect space to share my experiences and learn from others,” he recalls. The platform soon became a gateway to meaningful relationships, such as his connection with Nasreen R., a TISS retiree, and networking opportunities like the Gateway Radio Club luncheon, which strengthened his belief in GetSetUp’s impact.

Through active participation in GetSetUp’s community events and luncheons, Madan found both inspiration and belonging. “It’s empowering to see older adults dancing, learning, and sharing stories. GetSetUp helps us stay connected, informed, and confident in facing modern challenges like cybercrime,” he shares. Reconnecting with familiar faces, like Sunita, a Guide he knew from his Indian Railways days, further deepened his sense of community.

As Madan continues his journey with GetSetUp, he exemplifies how learning never stops. His life reminds us that it’s never too late to follow one’s passions, uplift others, and make a lasting difference.



MADAN AT GETSETUP LUNCH MEET IN MUMBAI



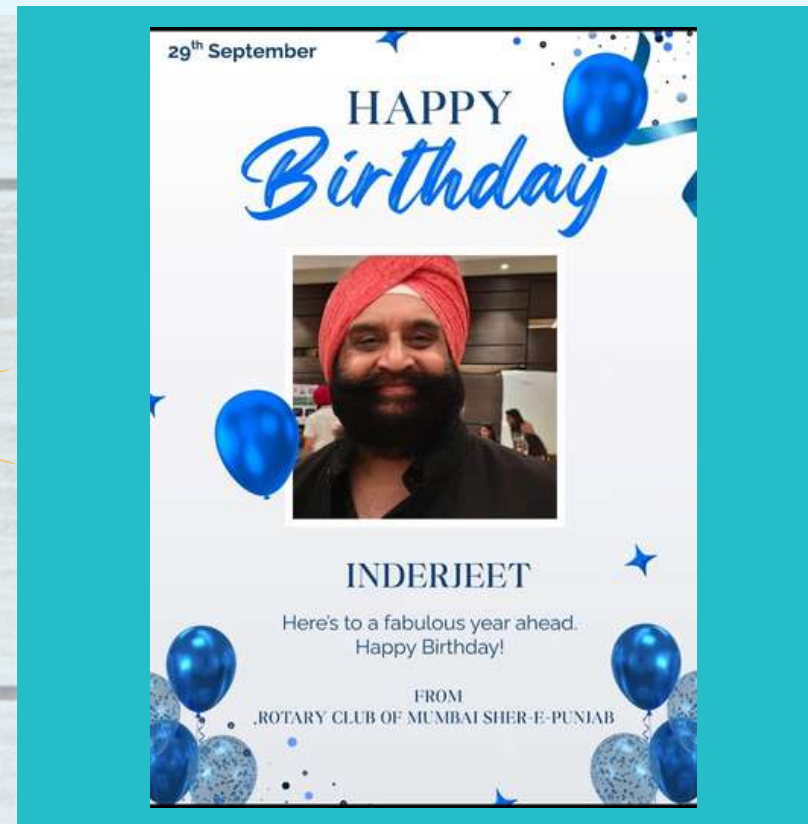
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Rotary
District 3141

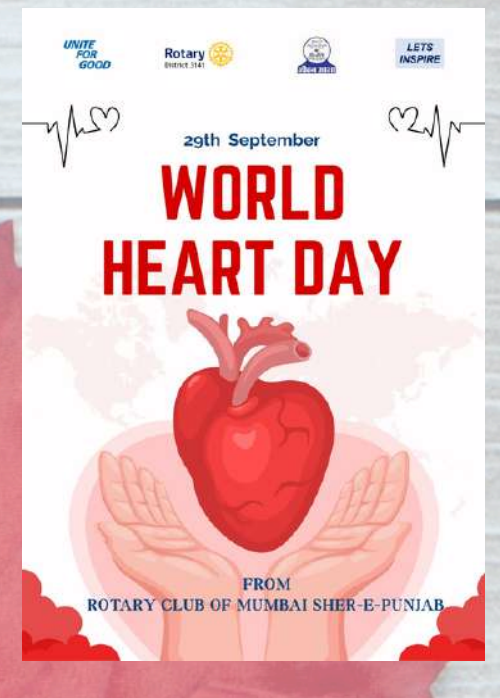
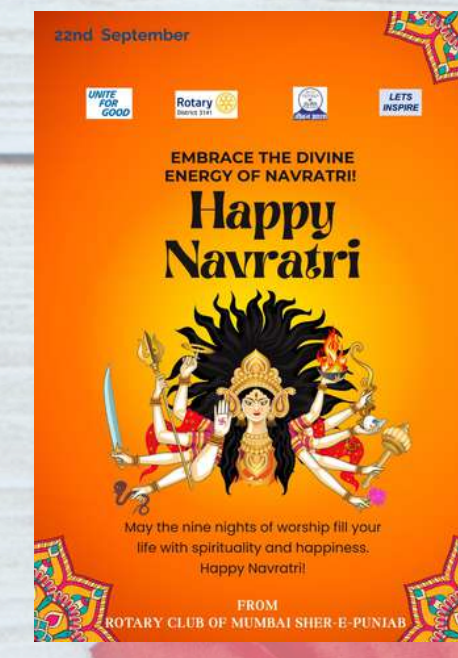
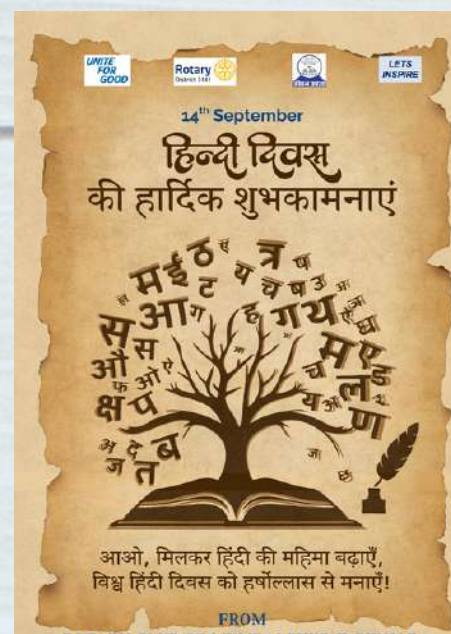


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September Birthdays Celebrated



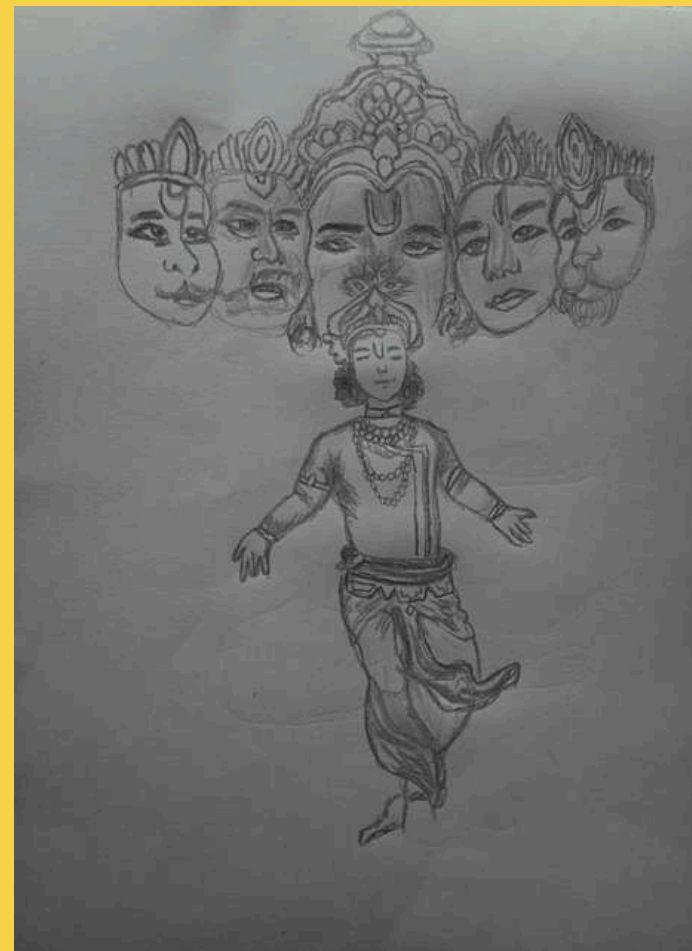
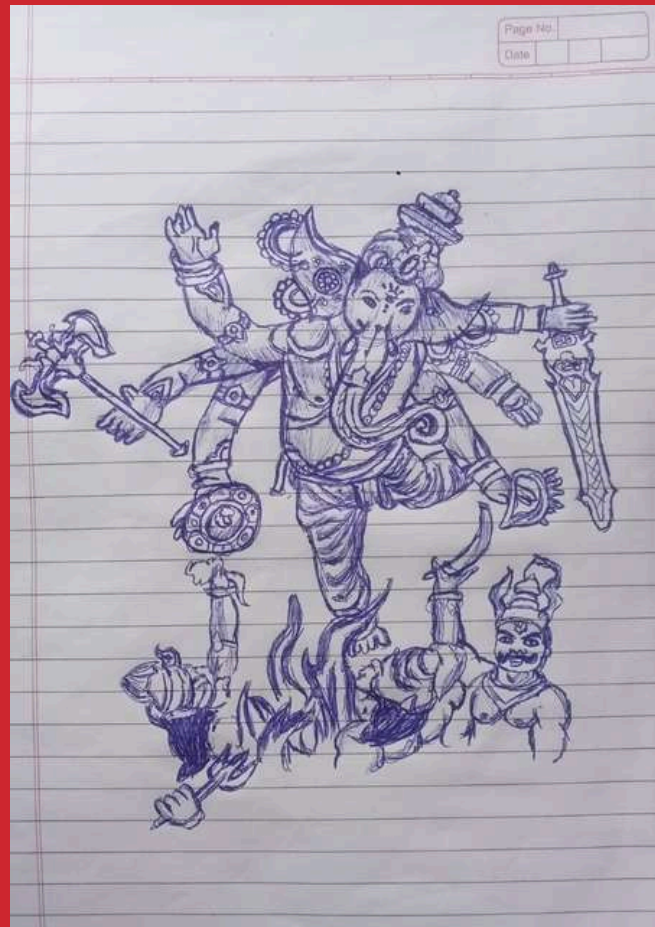
September Special Days



Creative Corners: Rotary Family Showcase

Pencil Art By Interactor Vishnu Pillai

*Canvas Painting by Adaa Khanna..
Rtn Pradeep and Rtn Sukarma Khanna's granddaughter*





**LETS
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VISIBILITY OF CLUB PROJECTS GML INSPIRE (SEPTEMBER ISSUE)



Rotary 

"Perhaps dreaming is not so bad if
one dreams good dreams and makes
them come true."

— **Paul Harris,**
My Road to Rotary



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**LET'S
INSPIRE**

Aasha

Monthly Newsletter of Rotary Club Of Mumbai Sher-E-Punjab

30th September 2025

Thank You

